

Important Dates & Information for Coaches

Wednesday, July 14^h

- 1) Send entries to info@swimwithbrian.com by Noon.
- 2) If you are sending them via fax please call Brian 815-509-7837, prior to faxing.

Friday, July 16th

- 1) Check your team's entry list at www.DCST.org after 9:00 AM.
- 2) Notify Brian with corrections or scratches by 1pm. Call 815-509-7837

Saturday, July 17th

Items due at th coaches meeting at 7:35 AM

- 1) Scratches
- 2) Relay swimmers names
- 3) Signed release form
- 4) Payment for all entries
\$2.00 per individual swim and \$6.00 per relay

5) Timing Assignments: Please provide 3 timers and watches for the Day.

Lane	Team
1	Antioch
2	Elgin Y
3	Trails
4	McHenry II
5	Huntley
6	Crystal Lake
BullPen	Mac

North Central Illinois Swim Conference
2010 “B” Championship Meet
Hosted by McGuire Aquatic Club- MAC

MEET DIRECTOR and ENTRY CHAIRPERSON

Brian McGuire
407 Central
Rockton IL 61072
Fax -815-624-7901
Cell- 815-509-7837

Location Boylan Catholic High School , 4000 St Francis Dr Rockford IL 61103

Team Attending the “B” Conference Championship Meet:

McGuire Aquatics, Trails, Antioch, Crystal Lake, Huntley, Elgin Y, McHenry II

Format This meet will be pre-seeded. Please provide a list of scratches at the coaches meeting.

Saturday, July 19th

6:15 AM	Building Opens
6:30 - 8:30 AM	Warm-ups
7:35 AM	Coaches Meeting
7:50 AM	Officials Meeting
8:10 AM	Timers Meeting
8:35 AM	Last call for event # 1.
8:40 AM	National Anthem
8:45 AM	First Event

Facility The Boylan High School Pool is a 6 lane, 25 yard competition pool with starting blocks in the deep end (10ft) The facility uses non-turbulent lane lines with a fully automatic Colorado timing system. The meet will be run using Hy-Tek’s Meet Manager.

Warm-up & Timing Schedule

	Lanes 1-3	Lanes 4-6
6:30-7:00		McGuire Aquatics
7:00-7:30	McHenry II	Elgin Y
7:30-8:00	Crystal Lake	Trails
8:00-8:30	Huntley	Antioch

Rules This meet will be conducted according to the NCAA Swimming Rules and the North Central Illinois Swimming Conference Rules

Scoring Individual events: 16 - 13 - 12 - 11 - 10 - 9 - 7 - 5 - 4 - 3 - 2 - 1
Relay events: 32 - 26 - 24 - 22 - 20 - 18 - 14 - 10 - 8 - 6 - 4 - 2

Awards Individual awards will be given to the top eighteen finishers (1 – 6 with medals, 7 - 12 with overlay ribbons and 13 – 18 with ribbons) in each event. Relay awards will be given to the top six finishers (1 – 6 medals). Team trophies will be awarded for the top three places in combined team scoring. Team trophies will be awarded for the top finisher in each age group scoring. The 6 & Under 25 yard Freestyle, 6 & Under 25 yard Backstroke and Open 200 Free are scored in the over all team scoring, but they do not count towards the age group high point trophies.

Meet Results One copy of printed meet results will be sent to each team. Teams desiring a “disk” copy of the final results must provide a disk. Results will be copied on to disks at the conclusion of the team trophy presentations. Results will also be available on the web at www.DCST.org one-hour after the conclusion of the meet.

First Aid Emergency medical personnel will be available on deck during the meet.

Emergency Phone An emergency phone is located in the pool office.

Entries Individuals are limited to a maximum of 4 events with no more than 3 of these events being individual events and no more than 2 of these events being relay events. Entries must be submitted by a Hy-Tek created report via e-mail. The email address for sending entries is Info@swimwithbrian.com

A signed Summary Fee / Release From provided in this packet and payment is due by the 7:35 AM coaching meeting. Checks are to be made payable to: McGuire Aquatics

A copy of the meet entries will be made available on the web at www.DCST.org by 9:00 AM on Friday, July 16th. It is each team’s responsibility to check the accuracy of its entries as so posted.

Relay Forms On the day of the meet, each team will be asked to submit the names of relay swimmers to the computer operator by the end of the coaches meeting. You may send them on the Team Manager file if you wish.

Entry Deadline Entries are due by Wednesday, July 14th

Entry Fees Individual events: \$1.00 per event
Relay events: \$4.00 per relay

Admissions Adults – \$2.00 Children (12 years old and younger) - \$1.00
\$6.00 Heat Sheets

Meet Format The meet will be seeded after the coaches meeting. All swimmers must promptly proceed through the bullpen when so advised by the announcer. Swimmers failing to report to the bullpen risk being scratched.

Team Areas Teams areas will be set up outside the pool in the grassy areas. In case of inclement weather, teams will be set up inside.

Bull Pen There will be a bullpen for the 12 and Unders.

Concession A concession area will be available throughout the meet.

Souvenirs A commemorative meet T-shirt will be on sale. Action Accents will also be available to sell swimmers' supplies, swim wear, and other novelty or souvenir items.

Rules of Conduct

For the safety and enjoyment of swimmers and spectators, the following rules must be observed. Marshals will be clearly designated to assure that safety is maintained.

1. There will be no food, beverages, swim bags, coolers, blankets, or sleeping bags allowed in the pool area.
2. Flash photography will not be allowed in the pool area. Persons taking flash pictures will be warned only once. Subsequent violations will result in expulsion from the meet.
3. Use of tobacco products is not allowed in the Swim Complex.
4. No shaving will be allowed at the Swim Complex. **Shaving on the premises will result in automatic disqualification from the entire meet.**

Parking Parking is available in the Swim Complex parking lot, along the road and in the main school parking lot. Do not park in the parking lots of other business adjacent to the Swim Complex. Individuals parking in lots not designated for the swim meet will be towed.

Team Banners Please do not tape banners, posters or other items to the walls.

Lockers Lockers are available to store items. Swimmers should bring their own locks. Boylan Catholic and McGuire Aquatics are not responsible for any lost or stolen items.

Directions

From I-90, Take Riverside Blvd. To North Main St. Turn Rt. On North Main and go to Campus Hills Drive Turn Left. The Pool Complex is on the Rt. If you need further directions, call Brian

**North Central Illinois Swim Conference
Order of Events**

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
1	Open	200 yd. Freestyle	2
3	8 & Under	100 yd. Medley Relay	4
5	9 – 10	200 yd. Medley Relay	6
7	11 – 12	200 yd. Medley Relay	8
9	13 – 14	200 yd. Medley Relay	10
11	15 & Over	200 yd. Medley Relay	12
13	9 – 10	100 yd. Individual Medley	14
15	11 – 12	100 yd. Individual Medley	16
17	13 – 14	200 yd. Individual Medley	18
19	15 & Over	200 yd. Individual Medley	20
21	6 & Under	25 yd. Freestyle	22
23	8 & Under	25 yd. Freestyle	24
25	9 – 10	50 yd. Freestyle	26
27	11 – 12	50 yd. Freestyle	28
29	13 – 14	50 yd. Freestyle	30
31	15 & Over	50 yd. Freestyle	32
33	8 & Under	25 yd. Butterfly	34
35	9 – 10	50 yd. Butterfly	36
37	11 – 12	50 yd. Butterfly	38
39	13 – 14	100 yd. Butterfly	40
41	15 & Over	100 yd. Butterfly	42
43	8 & Under	50 yd. Freestyle	44
45	9 – 10	100 yd. Freestyle	46
47	11 – 12	100 yd. Freestyle	48
49	13 – 14	100 yd. Freestyle	50
51	15 & Over	100 yd. Freestyle	52
53	6 & Under	25 yd. Backstroke	54
55	8 & Under	25 yd. Backstroke	56
57	9 – 10	50 yd. Backstroke	58
59	11 – 12	50 yd. Backstroke	60
61	13 – 14	100 yd. Backstroke	62
63	15 & Over	100 yd. Backstroke	64
65	8 & Under	25 yd. Breaststroke	66
67	9 – 10	50 yd. Breaststroke	68
69	11 – 12	50 yd. Breaststroke	70
71	13 – 14	100 yd. Breaststroke	72
73	15 & Over	100 yd. Breaststroke	74
75	8 & Under	100 yd. Freestyle Relay	76
77	9 – 10	200 yd. Freestyle Relay	78
79	11 – 12	200 yd. Freestyle Relay	80
81	13 – 14	200 yd. Freestyle Relay	82
83	15 & Over	200 yd. Freestyle Relay	84

McGuire Aquatic Club MAC
NCISC "B" Conference Championships Saturday, July 17th, 2010

This completed and signed release form must be received by the coaches' meeting at 7:35 AM.

Name of club: _____

Club Code: _____

Names of Coaches attending meet: _____

Name of person submitting entry: _____

Mailing Address: _____

Telephone #: _____ - This is the number we will call if you have any questions about your entries.

E-mail: _____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against the McGuire Aquatics, Shamrock Aquatics Inc., Boylan High School or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature: _____

(Coach's Signature)

Date: _____